

South Irvine Dolphins

# Annual Carbo Load!!!

Turtle Rock Community Park

Friday August 7, 2009 right after practice (5-8pm)



Catered by one of  
our local  
restaurants!

Only \$8  
per person



The \_\_\_\_\_ family will be attending!

\_\_\_\_\_ @ \$8.00 = \_\_\_\_\_

Please return this portion to Susan Cha so RSVP is complete  
or leave in the Cha mailbox slot with payment